



LIFE & LEADERSHIP COACHING



Darla Powell Phillips

Coach Darla is a professional coach, creative consultant and renowned speaker. She has some great new themes she's speaking on and we would love the opportunity for her to speak at one of your upcoming events. Her talks ask us to dig deeper and view leadership as an art and not just another j-o-b. Today's business climate demands a leader who is willing to be empathic, transparent and even vulnerable. Add the ingredients of courage, self-awareness and confidence ...a dash of this and that... and we can be the leaders we are meant to be - powerful and authentic. It's not just what we do. It's about who we are and how we show up.

Some of her fabulous new topics include:

- *The Art of Sacred Selfishness*™ – Pointing to the feminine and self-care critical to our well-being. You are worth it.
- *The Connected Leader*™ – Teachings that engage the head, heart and gut.
- *Courageous Conversations*™ – Artful leadership asks big questions and gets big answers. We are not in Kansas anymore.

And more... (She's creating as we speak!)

Her topics run the gambit and address today's leadership challenges from her unique perspective. With talks that are interactive and experiential, Coach Darla inspires conversations that make a difference no matter the group size. Since all of her presentations are specifically tailored to meet the needs and intentions of each individual event, we typically schedule a brief conversation to discuss presentation possibilities and narrow in on any topics and focal points. To learn more about Coach Darla, or to read and watch some of the many testimonials she has received please feel free to visit the Screening Room section of our website anytime at: www.coachdarla.com/experiences/the-screening-room.

****Pro Tip: Ask her to bring her crayons and you'll really have some fun!****



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Coach Darla has guided hundreds of people in their quest to live lives of love, fulfillment, happiness and passion. Discover how she can get you on the path to finding and living your true passion. Coach Darla's newest theme - *Have Crayons, Will Travel!* focuses on the following topics and she is happy to customize her presentation according to your group's needs and desires.

- *The Art of Sacred Selfishness*™ – Pointing to the feminine and self-care critical to our well-being. You are worth it.
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With more than 10 years of coaching experience, Coach Darla is certified through Clarity International and the Academy for Coaching Excellence. She is a member of the International Coaching Federation (ICF), and is credentialed as an Associate Certified Coach (ACC). She is the former owner of Bodymasters, Inc., where she coached her clients to achieve wellness through nutrition and exercise. She is passionate and active in promoting high standards in the coaching industry.

A native Houstonian and lifelong learner, Coach Darla today is the compassionate and present caregiver of her adult brother Dana. Using her experience in this role, she is currently developing a coaching curriculum to support other caregivers. Coach Darla is also the loving grandmother of John Gregory and Sydney. She is a longtime community volunteer and philanthropist, supporting organizations that include CanCare and the Houston Livestock Show and Rodeo. For her community and professional service, she was honored as a "Woman of Excellence" by the Federation of Houston Professional Women in 2002 and "Woman of the Year" by the Galleria Chapter of the American Business Women's Association in 2010.

Book Coach Darla today for your next retreat, workshop or special event!